

Glucerna® helps patients meet their nutrition goals



Low glycemic index^{†1}, which helps reduce blood sugar response^{‡2}



High in protein and fibre



Contains 26 vitamins and minerals



Conveniently portioned to replace a light meal[§] or snack

To learn more, visit www.glucerna.ca

1. Wolever, T. Protocol DA19: Evaluation of Glycemic Index of Glucerna Vanilla Canadian Formulation. 2018: Toronto, Canada.

2. Sievenpiper JL et al (2018). Nutrition therapy 2018 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada (Vol. 42, pp. S64-S79)

† Only Glucerna® Vanilla flavour has been tested. All other flavours have a nutritional profile similar to the Vanilla flavour.

‡ Replacing higher glycemic index foods or drinks with lower glycemic index foods or drinks lowers post-prandial glucose response.

§ Applies to Glucerna® nutritional drink only. Glucerna® nutritional drink is a meal replacement.