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EMPLOYING SMART TECHNOLOGY TO IMPROVE NUTRITION + DIABETES SELF-MANAGEMENT CARE

DIABETES TECH

NUTRITION APPS

CONVENIENT

↑ MONITORING of GLYCEMIC TRENDS



↑ PATIENT ENGAGEMENT



HYPOGLYCEMIA PREVENTION

↑ VIRTUAL CARE



HELPS STABILIZE BLOOD GLUCOSE



BE MINDFUL OF:

- COST
- TECH ABILITIES
- TRAINING
- INFO OVERLOAD
- MISINTERPRETATION
- FIXATION ON TRENDS



VIEW TRENDS PRE/POST MEAL
IDENTIFY SPECIFIC EFFECTS ON BLOOD GLUCOSE

SELF-MANAGEMENT

UNDERSTAND EFFECTS OF CURRENT TREATMENT



STAY WITHIN TARGET GOALS

CONVENIENT CARB TRACKING

EASIER FOOD TRACKING

HELPS WITH MEAL PLANNING

↑ HEALTHY EATING



SUGGEST TOOLS THAT ARE ACCESSIBLE AND APPROPRIATE FOR EACH CLIENT!

